SOUND HEALING SERVICE



With Sound Healing & Tuning Fork Practitioner Raoul Bedi, BASc

- Opens the Breath and Voice
- Brings Peace, Joy and Mental Clarity
- Relieves Stress and Reduces Anxiety
- Powerful Tool for Self Healing
- Positive Life Transformation and More !

A "Sound Healing" can make use of mantra, toning, affirmation, breath, visualization, light touch and sonic instruments, such as **tuning forks**, to help facilitate the release of unwanted energy and the enjoyment of profound spiritual experiences. Using tuning forks the brain hemispheres are balanced, the energy centres purified and tension and blockage reduced . Each session is unique and is a combination of technique and the moment to moment intuition of the Sound Healer.

<u>About the Practitioner :</u> Raoul Bedi was initiated into the sacred sound healing practice at the foothills of the Himalayas in October 1987. In addition , he has been trained in a variety of other supportive healing modalities including Ayurveda , Yoga & Meditation , Conscious Breathing, Body Electronics, Pranic Healing, Solar Gazing and Raw Food Nutrition. Now available for private sessions in Greater Vancouver . Phone: 604-437-5683 . E-mail: <u>body_electronics@yahoo.com</u>

Website: www.geocities.com/vedich

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