

ENTRY FORM

\$25.00 per entrant

Entries accepted on day of event or entry forms and fee can be sent to Tullah Challenge c/- P.O. Tullah
(Cheques should be made payable to Tullah Progress Association Inc.)

Please circle applicable category
Team Individual Open Junior (under 18) Veteran

Contact Phone Number _____ Email _____

Team Name: _____

Paddlers Name _____ Male/Female _____ TriTas? Y / N

Address: _____ Email Address _____

Cyclists name: _____ Male/Female _____ Y / N

Address: _____ Email Address _____

Runners name: _____ Male/Female _____ Y / N

Address: _____ Email Address _____

Entrants must be registered by 11:00am

Competitors may nominate to be entered as individuals and as team members:

notify registration officials when checking in to ensure your
cross entry is recorded.



The Hydro Tasmania TULLAH CHALLENGE

Saturday November 8th 2008

Western Tasmania's Rainforest Triathlon
A Tullah Progress Association Inc Event

Registration: allocation of bibs 8:00 am to 11:00 am

Scrutineering 8:00 am to 11:00 am

Pre-race briefing 11:20 am

Paddle Start 12:00 noon



Paddle 4.5 km on the Lake at Tullah beginning with a deep water start, across open reaches turning under the Mackintosh Bridge around the buoy. Motorised boats will adequately patrol the course. Competitors may use a surf ski or kayak **but must wear a buoyancy vest.** Australian Safety Standards apply

Cycle Start 1:45 pm



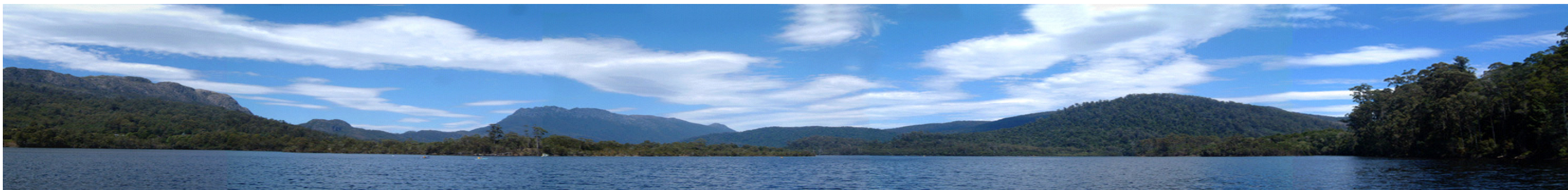
Cycle 29 km on a well maintained road through West Coast Wilderness to the Bastyan Dam and return. All cyclists must wear an approved safety helmet. Australian Safety standards apply. Be careful: the course will remain open to other vehicles during the event. Cyclists are individually responsible for following traffic laws.

Run Start 3:30 pm



RUN 7.5 km on a bush track circuit through Rainforest and around the lakeshore before finishing back in the town. The route is well marked. The bush track run is a circuit initially following the historic Sterling Valley tramway track. The route then passes through rainforest to the Murchison Dam Road. After crossing the Murchison Highway, it follows the lakeshore before finishing back in the town. The route will be very well marked.

Enquiries : Kirsten French, c/- Post Office, Tullah, Tasmania, 7321. Ph: (03) 6473 4140
Email : tullah_challenge@hotmail.com Web: www.geocities.com/tullahchallenge



The 2008 Hydro Tasmania Trophy

will be presented to the First Male and Female Competitor

Prizes will be awarded to the winners and place getters in the following categories

Male, Female, Junior and Veteran Individuals, Male, Female, Veteran and Junior Teams

(juniors must be under 18 years on the day and veterans at least 40 years on the day)

Conditions of Entry

- The Tullah Challenge is a multi-sport event with the emphasis on fun and participation
- Paddle, cycle and run sections each begin with a mass start
- Each leg starts and finishes more or less in the centre of Tullah
- Cycles, Helmets, kayaks and buoyancy vests will be scrutinised prior to the race.
- Competitors must give assistance to others as required during the race

- Spectators are encouraged to follow the race but escorting competitors **is not allowed.**
- The Organisers may take action on the day of the race to ensure the success of the event and the safety of the competitors e.g.: excluding competitors and modifying the course,
- Paddle Leg competitors **Please Note: Two rescues and you face disqualification from the paddle leg.**

DRAFTING IS NOT ALLOWED

Competitors must:

Be at least 14 years old on the day

Wear official race numbers over clothing

Attend the Pre Race briefing

Be aware the Tullah Challenge can be a stressful event

The event Organisers take all care but accept no responsibility

**Each Section begins with mass start in Village
Challenging for experienced triathletes and newcomers
All changeovers at Start/Finish Line**

Declaration:

I, whose signature appears on this entry form for the Tullah Challenge 2008:

Hereby acknowledge that there are inherent risks associated with this event, and I am aware of the nature of the course and that I am medically fit to participate. Hereby agree to abide by the Conditions of Entry of the event.

Shall by signing this disclaimer, hereby for myself, my heirs, executors or administrators release and indemnify the Tullah Progress Association Incorporated (Organisers) or any person acting in any capacity for the aforesaid Organisers against any action, claims, rights or causes of action which might otherwise have or acquire from any injury or loss of life, damage or loss of any description whatsoever and howsoever caused, whether through the conduct of any Organisers where lawful or otherwise, which I may sustain, suffer or cause in the course of, or as a result of, my entry or participation in the event.

Signed _____

Date _____

Signed _____

Date _____

Signed _____

Date _____

If you are under 18 years of age on the day of this event, your lawful parent or guardian must sign this extra declaration:

I certify that I am the lawful parent/guardian of _____ who will be _____ years of age on the day of the event and has my consent to participate.

I agree to accept the conditions of the entry and the above declaration for this event.

Signed: _____ Date: _____