

Track-layer Information

Put the article (sock) at the base of the starting pole and leave the pole

Pick up all other markers and poles in order of map.

Read any instructions on the flags. Eg: drop article, right or left turn etc.

Drop your articles where indicated before removing the marker pole.

If the markers have blown off the track leave them and tell the steward when you have finished the track.

If you can't find a marker "note the number", read the map and proceed to the next marker. Notify the steward of the problem when you have finished the track. If stuck ring me.

If you are leaving an article (a twice folded tee shirt laid flat) put it at the base of the marker before removing that marker. Proceed to the road and your car etc. If you are staying at the end of the track hide.

After you have walked the track, when time permits please remove markers from poles, clip peg onto top of marker and sort into order.

Thank you for your assistance.