## Backpacking Equipment Check List - Weekend Trip

Troop will provide tents, cook stoves and cooking gear

## Do not allow pack + gear to exceed 25% of scout's weight.

Scout Handbook (in ziplock with pad & pen/pencil) Backpack (external frame) Daypack Sleeping Bag (w/liner if temps will be under freezing) Ground Pad (closed cell foam or thermarest) Small Pillow Flashlight w/extra batteries Whistle Compass Pocket Knife (if earned Tot N Chip) 10 – 15 feet of Nylon Rope Large Trash Bags to use for pack cover if rain Camp stool (optional)

Water Bottle (plastic - no metal canteens) Bowl, Plate, Cup Knife, Fork, Spoon

Small First Aid Kit Toothbrush & Toothpaste (look for travel sizes) Soap & Washcloth Deodorant Small Roll of Toilet Paper Sunscreen Bug Spray (non-aerosol only)

Class A Uniform (worn when traveling) Scout hat Rain Gear (poncho or 2 piece suit) 2 Scout T-Shirts (or plain gray if scout t-shirt unavailable) 1 Pair Pants (no nylon) 2 pair Socks 2 pair underwear Long Underwear (polyester only – no cotton) and knit cap for cold nights Hiking Boots (already broken in) Extra pair of shoes Cold weather clothes: coat, knit cap, gloves