

ICE CHIPS

CCFSC NEWSLETTER – September 2008

MESSAGE FROM THE PRESIDENT

To the Members of the Capital City Figure Skating Club:

It is my very great honor to announce the 2008-2009 Officers for our skating club.

President: Stephanie Mizrahi
Vice-President: Maggie Campbell
Secretary: Victoria Wheeler
Treasurer: Sandy Hopson-Davis (also serving as Test Chair)
Members-at-Large: Judy Richardson
Mheyenne Davison
Dawn Pyle
Rose Grant

As your new President, let me first thank our outgoing President, Dana Burns, for her tireless and amazing efforts over the past years on our club's behalf. We would not be the club we are without her dedication to the club and its members. I would also like to thank our outgoing board members for their much appreciated time and energy and for being so much fun to work with: Dana Burns, Stacy Smith, Helen Wong, and Jean Winchell.

Finally, let me say how tremendously excited and honored I am to be given this opportunity to serve as your President. To have the chance to serve in this capacity with a club with our long tradition is a thrill. For the past 67 years, our club has promoted and sponsored this wonderful sport in California's capital. With your help, this year's Board will continue that tradition and continue to provide our skaters – individual skaters, synchro teams, and adult skaters – with the tools, foundation, and support to achieve all that can be achieved using a frozen sheet of water and two thin metal blades.

Stephanie Mizrahi

Spring/Summer Competition Results

Gold Rush Showcase 2008

Hosted by Capital City FSC
Roseville, April 26-27

Ltd. Pre-Prelim. Dramatic A	2 nd Jaycze Hewitt	Adult Dramatic A	2 nd Julia Beal 4 th Radhika Patel
Ltd. Pre-Prelim. Dramatic B	1 st Emily Gollub 3 rd Adelaide Bardini 4 th Meika Brown	Adult Dramatic B	3 rd Helyn Raymond 4 th Janet Rosenfield
Ltd. Pre-Prelim. Light B	3 rd Wesley Kao	Adult Light	3 rd Helyn Raymond
Ltd. Pre-Prelim. Light C	2 nd Valerie Albright 3 rd Brittney Thigpen 4 th Danielle Wendell	Pixie Dramatic	1 st Brigitte Bardini
Ltd. Pre-Prelim. Interpretive A	1 st Jaycze Hewitt	Pixie Light	1 st Ani Carrera
Ltd. Pre-Prelim. Interpretive B	3 rd Valerie Albright 4 th Danielle Wendell	Novice Dramatic	3 rd Michaela Stubenrauch
Pre-Preliminary Dramatic	2 nd R'lanna Davison	Novice Light	2 nd Christine Dole
Pre-Preliminary Light	1 st Amanda Betito 2 nd R'lanna Davison	Intermediate Dramatic	1 st Bella Martinez 3 rd Gabriella Alvarez
Preliminary Dramatic B	1 st Kirsten Flores 3 rd Heidi Herbon	Intermediate Light	1 st Bella Martinez 2 nd Gabriella Alvarez
Preliminary Light B	2 nd Taylor Reynolds 3 rd Kirsten Flores 4 th Yara Barghout	Junior Dramatic	2 nd Melanie Hern 3 rd Cheyenne Amaro
Preliminary Interpretive	1 st (tie) Kirsten Flores 3 rd Taylor Reynolds	Junior Light	1 st Cheyenne Amaro 3 rd Melanie Hern
Preliminary Pairs	1 st R'lanna Davison/ Wesley Kao	Senior Pairs	1 st Janelle Cardoso/ Christopher Kinser (SRFSC)
Pre-Juvenile Light	1 st Michelle Li 2 nd Julia Grant 4 th Myra Piper	Similar Pairs	3 rd Cheyenne Amaro/ Michelle Li
Pre-Juv./Juvenile Dramatic A	2 nd Michelle Li 4 th Julia Grant	Open Juv. Dramatic	2 nd Emily Schwab 4 th Sydney Adams
Pre-Juv./Juvenile Dramatic B	2 nd Samantha Mapes	Open Juv. Light	1 st Sydney Adams 3 rd Emily Schwab 4 th Jenny Watkins
Pre-Juv./Open Juv. Interpretive	3 rd Julia Grant		

*Thank you, CCFSC skaters and families
for another fabulous Gold Rush!*

Spring Jubilee 2008

Hosted by Peninsula FSC
San Jose, May 17

ARTISTIC RESULTS

Junior Dramatic	1 st Cheyenne Amaro 2 nd Melanie Hern
Junior Light	2 nd Melanie Hern 3 rd Cheyenne Amaro
Open Juv. Dramatic	2 nd Emily Schwab
Pre-Juvenile Dramatic	2 nd Michelle Li
Pre-Juvenile Light	2 nd Michelle Li
Preliminary Light	2 nd Katelyn Watkins 4 th Heidi Herbon
Prelim. Dramatic A	5 th Katelyn Watkins
Prelim. Dramatic B	5 th Heidi Herbon
Senior Dramatic	2 nd Shannon Pauls
Senior Light	2 nd Shannon Pauls

Recalled Skater **Cheyenne Amaro**

6.0 RESULTS

Bronze Pro-Am Dance Class II-Ten Fox 1 st Susan Volmer (Peter Sasmore-Pro)
Bronze Pro-Am Dance Class II-European Waltz 2 nd Susan Volmer (Peter Sasmore-Pro)
Bronze Solo Dance-Hickory Hoedown 2 nd Susan Volmer
Gold Pro-Am Dance Class I-Viennese Waltz 2 nd Claire Miller (Peter Sasmore-Pro)
Pre-Gold Pro-Am Dance Class I-Paso Doble 2 nd Claire Miller (Peter Sasmore-Pro)
Pre-Juvenile Girls Free Skating 4 th Michelle Li
Pre-Preliminary 2 Girls Free Skating C 5 th Iryna Korovyanko

IJS RESULTS

Novice Ladies Short	4 th Cheyenne Amaro 5 th Melanie Hern
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Red, White & Blue Ice 2008

Hosted by VacaValley FSC
Vacaville, July 13

Basic Skills 3 Girls	2 nd Jade Tang	Preliminary Artistic B	4 th Heidi Herbon
Pre-Preliminary 1 Artistic	2 nd Adelaide Bardini 4 th Brigitte Bardini	Pre-Prelim. 1 Girls	6 th Adelaide Bardini 8 th Brigitte Bardini
Pre-Prelim. 2 Boys	1 st Collin Bardini	Pre-Prelim. 2 Girls Group B	3 rd Iryna Korovyanko
Pre-Prelim. 3 Girls Group B	4 th Heidi Herbon		
Dance-Solo Pre-Gold	1 st Claire Miller		
Dance-Pro-Am/Am-Am Silver	1 st Claire Miller/Peter Sasmore-Pro		
Dance-Pro-Am/Am-Am Pre-Gold	1 st Claire Miller/Peter Sasmore-Pro		



CCIA Competition 2008

Hosted by Santa Rosa FSC
Santa Rosa, June 20-22



NON-IJS RESULTS

Open Juv Girls Artistic	1 st Emily Schwab		
Open Juv Girls Free Skate	3 rd Emily Schwab		
Pre-Juv Girls Artistic B	4 th Kirsten Flores		
Pre-Juv Girls Free Skate A	6 th Victoria Anasovitch 8 th Kirsten Flores		
Pre-Pre Moves-in-the-Field	2 nd Kaleigh Martinez		
Pre-Pre 1 Girls Free Skate A	4 th Brigitte Bardini 5 th Adelaide Bardini	Basic Skills 3 Girls	3 rd Jade Tang
Pre-Pre 1 Girls Free Skate B	6 th Sarah Lapp	Basic Skills 4 Girls B	1 st Kaleigh Martinez 2 nd Courtney Hoang
Pre-Pre 2 Boys Free Skate	2 nd Collin Bardini		
Pre-Pre 2 Girls Free Skate A	6 th Meika Brown	Juvenile Girls Artistic	3 rd Julia Grant
Pre-Pre 3 Girls Free Skate A	4 th Yara Barghout	Fiesta Tango Solo	1 st Justine Lopez
Pre-Pre 3 Girls Free Skate C	4 th Amanda Betito	Hickory Hoedown Solo	3 rd Justine Lopez
Pre-Pre 3 Girls Free Skate D	1 st R'lanna Davison	Willow Waltz Solo	1 st Justine Lopez
Pre-Pre Girls Artistic A	6 th Adelaide Bardini	Intermed Ladies Artistic	1 st Bella Martinez
Pre-Pre Girls Artistic B	5 th Meika Brown	Intermediate Moves	1 st Kirsten Flores
Pre-Pre Girls Artistic C	1 st Amanda Betito 4 th Brigitte Bardini	Senior Moves	2 nd Bella Martinez 3 rd Julia Grant

IJS RESULTS

Intermediate Ladies Free Skate	2 nd Bella Martinez
Junior Ladies Free Skate	6 th Melanie Hern
Juvenile Girls Free Skate	13 th Julia Grant
Novice Ladies Free Skate	2 nd Cheyenne Amaro

Silicon Valley Open 2008

Hosted by Peninsula Skating Club
August 8-9

6.0 RESULTS

Juvenile Artistic	4 th Michelle Li 7 th Julia Grant
Juvenile Spins	1 st Julia Grant
Pre-Juvenile Artistic Group A	6 th (tie) Victoria Anasovitch
Pre-Juvenile Artistic Group B	1 st Kirsten Flores
Pre-Juvenile Free Skate Group A	7 th Michelle Li
Pre-Juvenile Free Skate Group B	2 nd Kirsten Flores 6 th Victoria Anasovitch
Preliminary Artistic Group A	4 th Amanda Betito
Preliminary Artistic Group B	7 th Kestrel Schmidt
Prelim Girls Free Skate Group C	10 th Kestrel Schmidt
Preliminary Pairs Free Skate	2 nd R'lanna Davison/Wesley Kao
Pre-Preliminary 2 Boys Free Skate	1 st Wesley Kao
Pre-Preliminary 2 Girls Free Group A	13 th Elyssa Havey
Pre-Preliminary 3 Girls Free Group A	6 th R'lanna Davison
Pre-Preliminary 3 Girls Free Group B	5 th Amanda Betito

IJS RESULTS

Intermediate Ladies	10 th Bella Martinez
Novice Ladies	12 th Cheyenne Amaro
Junior Ladies	10 th Melanie Hern
Senior Ladies	7 th Shannon Pauls



*Great job,
All CCFSC competitors!!*

WANTED: CCFSC BOARD MEMBER

CCFSC currently has one Board position to fill for the term ending in May 2009. If you'd like to have a voice in the decisions made by our Board, or perhaps you're just interested to learn more about the inner-workings of a skating club, please submit a brief bio to PRESIDENT STEPHANIE MIZRAHI at smizrahi@wavecable.com or VICE PRESIDENT MAGGIE CAMPBELL at mags_camp@yahoo.com. You must be at least 18 years old and available to regularly attend monthly Board meetings. The position will be filled by a vote of the current Board at the meeting held on November 13, 2008.

Participation on the Board can be very rewarding, and no experience is necessary!



Great News, Skaters and Coaches!

CCFSC now offers a "Member-in-Good-Standing" letter for our competitive skaters. No more scrambling for a Board member signature for every competition application...one letter will last the whole season! To receive yours, please contact Sandy Hopson-Davis at sandyhoppy@sbcglobal.net

SKATE-A-THON

When? Saturday, Sept. 27th @ 3:15pm

Where? Skatetown

Why? To help CCFSC qualifying skaters

raise money for the competitive season

Volunteer Hours

Please submit your Volunteer Hours to Board Member Dawn Pyle for tracking purposes.

****Please remember that each CCFSC family is expected to fulfill 12 hours per year.****

****Members seeking scholarship must meet this requirement.****

CHECK OUT CCFSC ONLINE!

Visited the club website lately? Go to www.ccfsc.org to view the latest club news and access all your club resources. This fresh new site has a contemporary look, is very easy to navigate, and promises to post the most recent info possible to keep you current. The Board would like to thank new club member Lynn Remick for creating an attractive and useful new website.

Have photos or info you'd like to see posted on the site? Please submit to Sandy Hopson-Davis at sandyhoppy@sbcglobal.net and remember to visit your club often at www.ccfsc.org !

THANK YOU! THANK YOU! THANK YOU!
THANK YOU!

To the skaters, parents, coaches, and volunteers who participated in the CCFSC sponsored **Judges Critique** on August 23rd at Skatetown. The 2-hour event ran smoothly with a full schedule of skaters. A very special "thank you" goes out to USFS judges **Karen Cousineau, Dave Hopson and Margery Schleh** for their valuable time and the thoughtful feedback offered to our competitive skaters.

KELLEY RISTAU RECEIVES INTERNATIONAL APPOINTMENT!

Kelley Ristau, long-time CCFSC member and USFS Technical Specialist for Synchronized Skating, recently had the privilege of being one of five United States officials nominated by USFS to attend this year's International Skating Union Global Seminar in Frankfurt, Germany. The intensive week-long school was attended by 168 other Judges, Referees, Technical Controllers and Technical Specialists from Singles, Pairs, Dance and Synchronized Skating.



At the end of the week, participants were required to pass comprehensive exams in their areas of expertise. As a result of successfully passing these examinations, Kelley received an appointment as an International Technical Specialist for Synchronized Team Skating and is now eligible to serve as an official for international synchronized skating events. Currently, Kelley is one of only two synchronized skating Technical Specialists from the United States qualified to participate in international competitions. The other is Kelley's coach from Team del Sol, Karen Wiesmeier.

Although at least 12 hours of each day during the seminar were devoted to lectures and practice sessions, Kelley was able to spend a day prior to the start of the seminar visiting some of the historic sections of Frankfurt. In addition, she enjoyed the opportunity to escape the conference center during meal times to try local restaurants in the vicinity of the hotel. She explored other parts of the city and the surrounding forests on daily runs—in part to counteract eating all that delicious German bread. Kelley said she would like to go back some day to explore more of the country via Radwegs—a network of bike trails that cross the country.

Kelley will be in Roseville in October to work with the Sierra Storm and Capital Ice synchro teams.

HAVE INFO FOR THE ICE CHIPS NEWSLETTER?

PLEASE SEND TO: MARGIE SANDRA, DEBBE

Save the Date

DATE	EVENT	PLACE
Sept. 12-14	Skate St. Moritz	Oakland Ice Center
Sept. 21	Skate-a-thon (3:15 pm)	Skatetown, Roseville
Sept. 27	Test Session (3:45 – 5:45 pm)	Skatetown, Roseville
Oct. 1-5	Central Pacific Regionals	San Jose
Nov. 6-9	Skate San Francisco	Yerba Buena Skating Center
Nov. 11-15	Pacific Coast Sectionals	Phoenix, AZ
Nov. 15	Test Session (1 – 3 pm)	Skatetown, Roseville

Board Meetings are held the second Thursday of each month at 7pm
SMUD Building
6201 S Street
Sacramento, CA 95817

Capital City Figure Skating Club
2351 Sunset Blvd. Suite #170
PMB 175
Rocklin, CA 95765