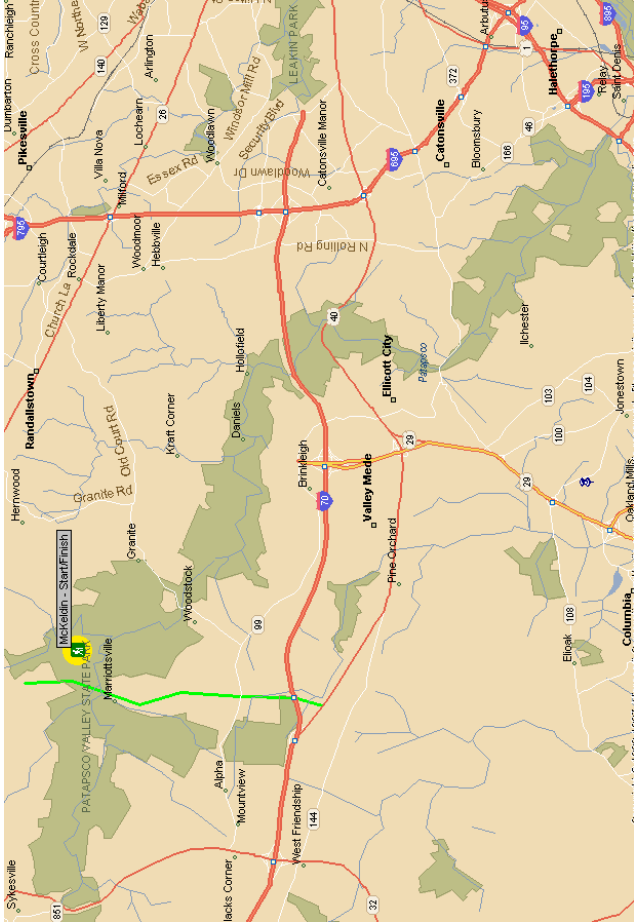


Directions to Patapsco State Park, McKeldin Area

- From Columbia, Take Rt.29 North to I70 West.
- From Baltimore Beltway, take Exit 16, I70 West.
- From Washington, take I95 North to Exit 43, Rt. 100 toward Ellicott City, then take Rt. 29 North to I70 West.
- From I70 going West, take Exit 83, Marriottsville Road. Turn right and proceed approximately 4 miles to Park entrance on right.
- From Frederick and west, take I70 East. Take Exit 82, Rt. 40 toward Ellicott City. Turn left on Marriottsville Road and proceed approximately 5 miles to Park entrance on right.



With sponsorship from
new balance

Columbia Volksmarch Club AVA-264

*Presents a
Spring Saturday Walk in*

Patapsco State Park, March 21, 2009



#AT2009/83494
10 Km / 05 Km Distances, Rated 2+

Start/Finish Location:
Patapsco State Park, McKeldin Area
Marriottsville Road, Sykesville, MD 21104



SPONSORED BY: The Columbia Volksmarch Club (AVA 264).

SANCTIONED BY: The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV), promoting leisure sports in the interest of family health, recreation, fun and companionship.

DISTANCE: There will be one 10-Km walking trail. The trail rating is 2+. There will be a shorter trail for those who do not desire to do 10 Km.

TRAIL DESCRIPTION: Wooded park with natural trails and some hills. McKeldin may be best known for its varied, steep and wooded terrain, reminiscent of the mountains of Western Maryland. The trail is not suitable for wheel chairs and strollers will have difficulty.

START/FINISH: Patapsco State Park, McKeldin Area, Marriottsville Road, Sykesville, MD 21104.

There is a \$2/person entrance fee for MD residents and \$3 for out of state. MD residents over the age of 62 can get a Golden Age pass from the park headquarters. (410-461-5005).

STARTING DATE: Saturday, March 21, 2009.

STARTING TIMES: Start anytime from 8:00 a.m. to Noon. You must complete the walk by 3:00 p.m.

ELIGIBILITY: All are welcome to participate without charge, but must register at the start. Children under 12 must be accompanied by an adult throughout the entire trail. Park rules prohibit pets.

REGISTRATION: There will be no pre-registration for these events.

- The participation fee for IVV Credit only is \$3. (maximum \$10 for families with minor children living together)
- *There is no fee to walk the trail without receiving the IVV credit.*

CONDITIONS: The event will be held during all reasonable weather conditions, including rain. Littering along the trails is prohibited.

PROCEDURE: Each participant will be issued a start card. It must be carried on the walk and presented for validation at each checkpoint. Only one start card will be validated per participant. Start cards must be turned in at the Finish Table after completing the event. Only those participants with a properly validated start card will be eligible for the Event Award and/or IVV Credit. The trail may be walked two times per start card on the same day at no additional cost.

AWARD: B Awards (awards from previous events) only.

REFRESHMENTS: Water and candy will be available at the checkpoint located along the trail. Rest rooms will be available at the Start/Finish point.

SPECIAL CLASSIFICATIONS: This event qualifies for the following AVA Special Classifications:

- River Walk
- State Park Walk
- Waterfall Walk

DISCLAIMER: Neither the Columbia Volksmarch Club nor the State Park, shall be liable for accidents, theft, or material damage. Every reasonable effort will be made to make this a safe, enjoyable, and memorable event.

INFORMATION: Call (410) 290-3777 for more information or visit us on our website: <http://www.geocities.com/WalkColumbia>

We hope to see you at our 2009 Year Round Events:

- Hickory Ridge - Feet First *NOW* in Hickory Ridge
Alternate Start - directions/maps – Hickory Ridge Sunoco
- Kings Contrivance - McDonalds
- River Hill - McDonalds
- Columbia Mall – Starbucks
Alternate Outdoor Trail
- Dorsey's Search – Long Gate Sunoco *
- Ellicott City North– Long Gate Sunoco *

* *Alternate Trail from Registration Point*